

## Breast Tissue Treatment

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### Introduction

Thermography is a useful:

1. Assessment Tool to identify inflammation, congestion and poor lymph drainage in the breasts.
2. Monitoring Tool to review progress and final outcomes of a treatment protocol.

Breast Tissue Treatment is an effective “wellness” treatment for breasts, as breasts particularly need good circulation and tissue mobilization for optimum health.

### Case NL1703

In March-2017, a 59-year old female came in for initial breast thermography study. Reported concerns: painful left breast.

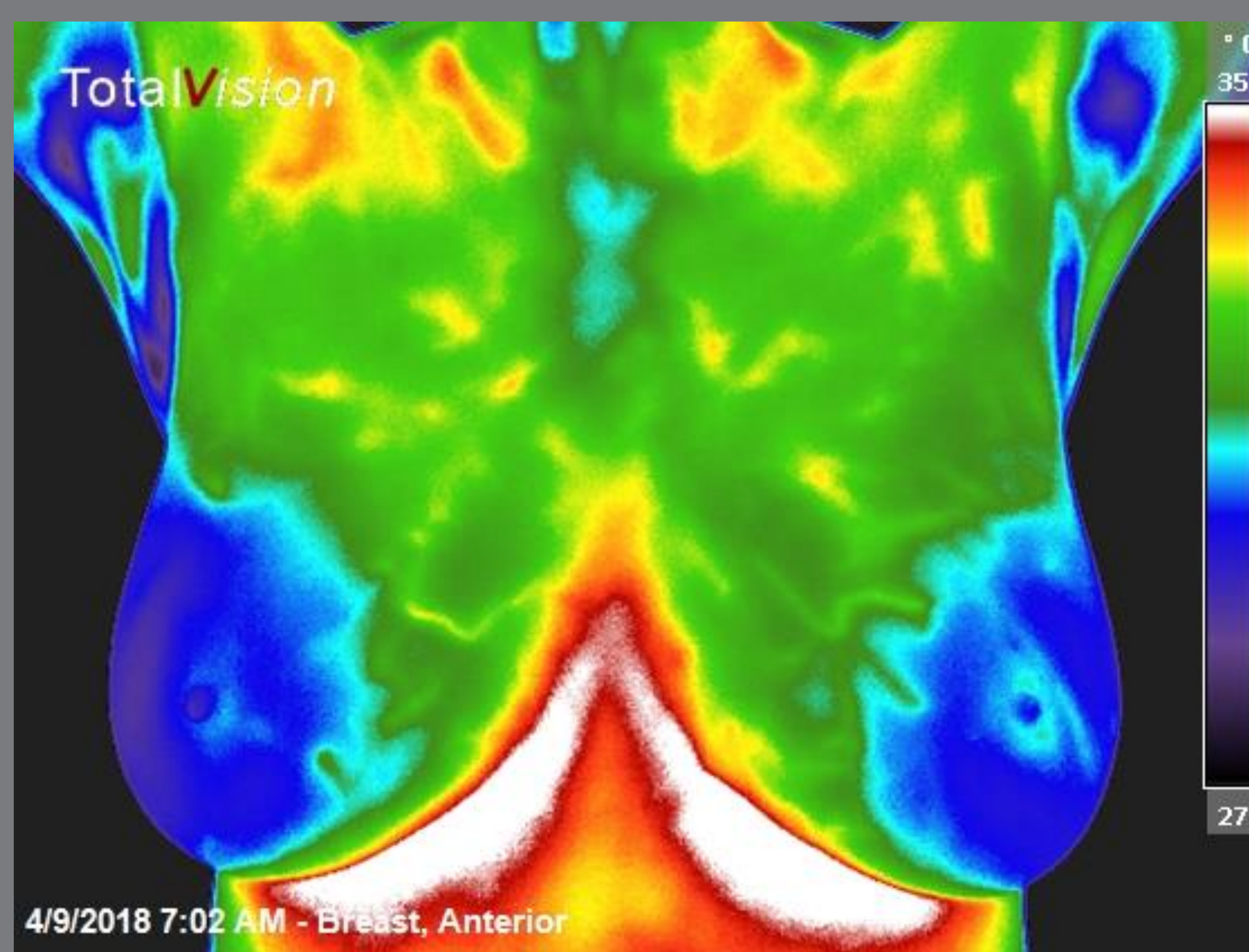
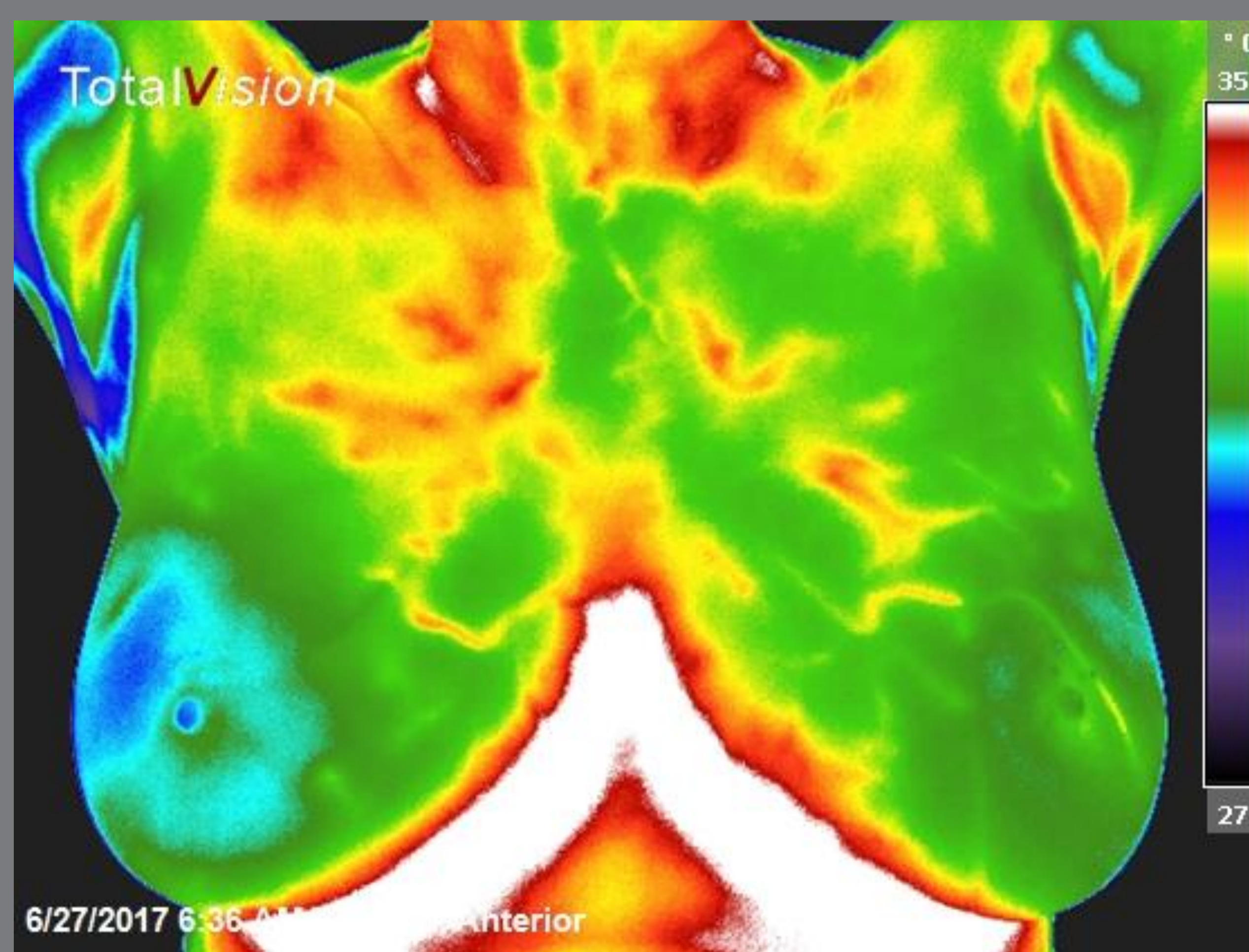
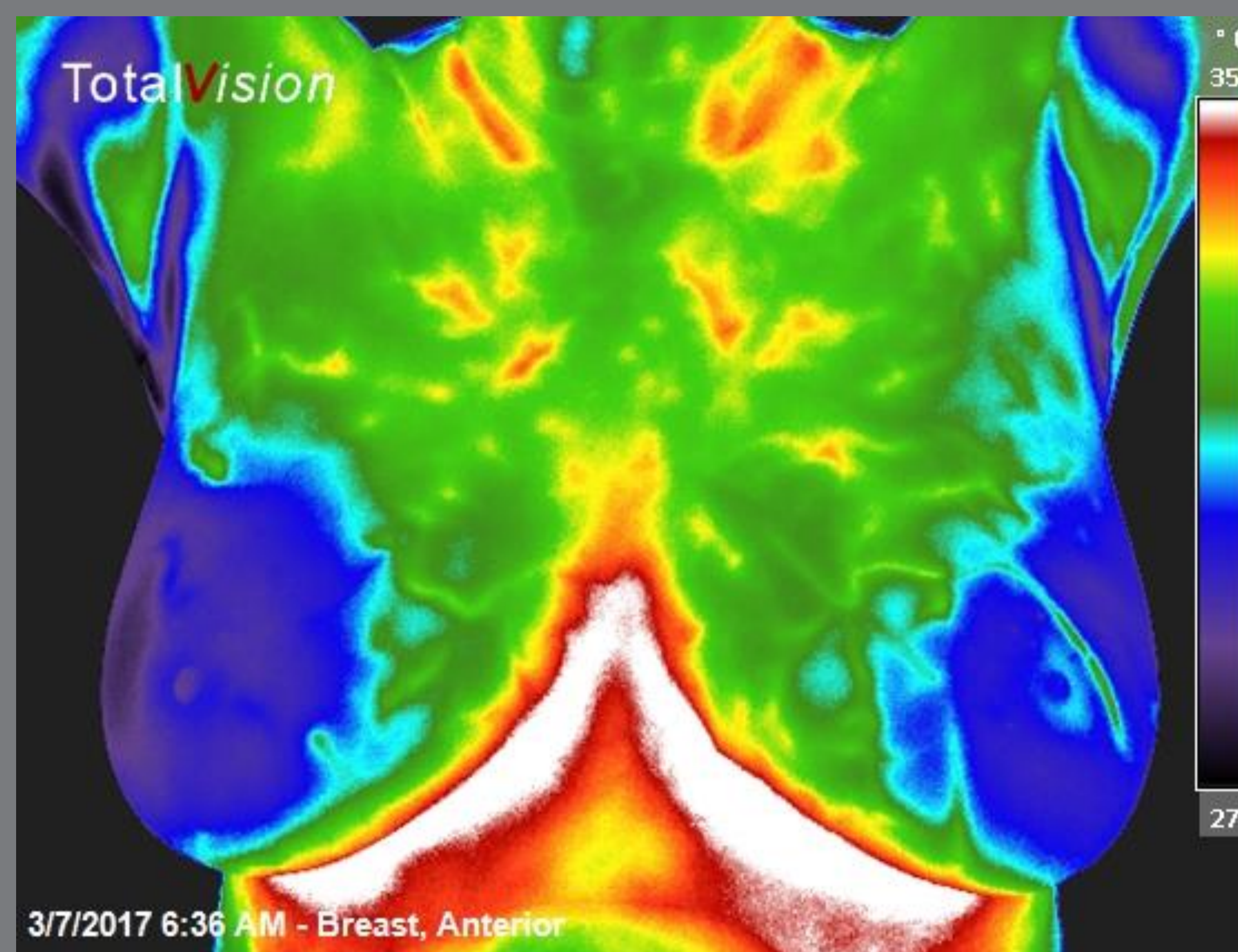
Follow-up studies in June 2017 and April 2018

### Strategic Partnership

Thermographers and Breast Tissue Treatment therapists work together to improve breast health.

Treatments are provided by qualified therapists who use an Osteopathic technique to improve circulation, promote lymph drainage, and to break up small cysts and adhesions from the breast tissue. When there is reported pain and breast discomfort, or a thermography report with an equivocal or higher level of concern, or if there are no changes or improvements in the study findings after 3 months (second baseline), Breast Tissue Treatment is recommended to relieve congestion.

### Thermal Presentation



### Reported Findings

**Initial Study:** high level of concern of the left breast due to asymmetry.

- Left breast: elevated nipple and areolar temperature and vascular hyperthermia.
- Right breast: cold and congested (which may be contributing to the observed asymmetry). Congestion in the breasts can allow toxins to accumulate in the breast tissue.
- Discussion: left breast presents with inflammation since it may be “helping” the more congested breast drain. Ultrasound in March 2017 showed two cysts in left breast. Patient initiated Breast Tissue Treatment.

**First Follow-up Study:** moderate level of concern of the left breast.

- Observed increase in inflammation bilaterally, which may be related to release of toxins from the tissues.
- Treatment: (1) Breast Tissue Treatment (two sessions); (2) supplements: Vitamin D, Omega3, Indole 3 Carbinol.

**Second Follow-up Study:** low level of concern for both breasts; symmetrical.

- Some congestion remains.
- Treatment: (1) Breast Tissue Treatment (8 sessions in total); (2) supplements: Vitamin D, Omega 3, Algae.
- Recommendation: (1) Breast Tissue Treatment sessions; (2) dry brushing.

**Outcome:** patient reports no pain in left breast; and breasts now feel “more relaxed”.